

CALM TOUCH THERAPIES



Important Information About Your Event

I am delighted that I am now able to resume chair massage in the workplace but there are some changes.

Please read carefully.

All appointments and treatments must now conform to the latest government advice regarding Covid-19.

Each person will be asked to confirm that

- they, nor any of their household, have tested positive for Covid-19
- they, nor anyone in their household are displaying symptoms of Covid-19 - eg fever, cough, loss of taste or smell, fatigue
- they have not been in contact with anyone displaying symptoms of Covid-19 in the past 14 days

They will be asked to sign a disclaimer to this effect when I arrive and also be asked to inform me should they display symptoms after the appointment, so that I may take the necessary steps to self isolate and contact others.

I will be wearing a visor which means you do not need to wear a mask unless you wish to. I will also be wearing a plastic apron which will be replaced by a new one for each person being treated.

You will be asked to provide your own pen to fill out the consultation form. If possible, open a window to allow air to circulate freely in the room. Each person coming for massage must wait to be invited into the massage room/space while the therapist prepares it.

Both client and therapist will wash/sanitise our hands prior to the treatment and I will wipe equipment and the massage chair. The face cradle will be covered with a disposable cover and the chest rest with disposable couch roll.

At present facial treatments will not be possible.

After the treatment, you and I will wash our hands again and I will wipe down the equipment.

All disposable items will be put into a bag, sealed and placed into a bin before I leave.

Payment can be made by BACS or PAYPAL, preferably in advance..

You are advised to clean any surfaces/door handles after I have left.

If you have any queries regarding safety or hygiene please do not hesitate to call me. I have been trained in Covid-19 safety and understands transmission, prevention and the best hygiene practices. In addition, I will be taking my temperature daily to monitor my own health.

Thank you for your support.

Helen

Tel. 07901 644760

July 2020