

# CALM TOUCH THERAPIES



## Important Information About Your Appointment

I am delighted that I am now able to resume massage treatments but there are some changes. Please read carefully.

All appointments and treatments must now conform to the latest government advice regarding Covid-19.

You will be asked, on the day of your appointment to confirm that

- you, nor any of your household, have tested positive for Covid-19
- you, nor anyone in your household are displaying symptoms of Covid-19 - eg fever, cough, loss of taste or smell, fatigue
- you have not been in contact with anyone displaying symptoms of Covid-19 in the past 14 days

You will be asked to sign a disclaimer to this effect when I arrive and also be asked to inform me should you display symptoms after the appointment, so that I may take the necessary steps to self isolate and contact others. I will be unable to carry out a treatment if anyone in the house is self-isolating.

I will be wearing a visor which means you do not need to wear a mask unless you wish to.

You will be asked to provide your own towels for the treatment and a pen to fill out the consultation form. If possible, open a window to allow air to circulate freely in the room.

You and I will wash our hands prior to the treatment and I will wipe equipment and set up the massage table.

At present facial treatments will not be possible.

After the treatment, you and I will wash our hands again and I will wipe down the equipment.

All disposable items will be put into a bag, sealed and placed into a bin before leaving your house.

Payment can be made by BACS or PAYPAL, preferably in advance. If paying in cash, I will hold out an envelope into which you can place the money.

You are advised to clean any surfaces/door handles after I have left.

If you have any queries regarding safety or hygiene please do not hesitate to call me. I have been trained in Covid-19 safety and understands transmission, prevention and the best hygiene practices. In addition, I will be taking my temperature daily to monitor my own health.

Thank you for your support.

Helen

Tel. 07901 644760

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